

BRIDGES

MIDDLES
JANUARY 11-16, 2021



WEEKLY NEWSLETTER

HAPPY NEW YEAR, MIDDLES!

We hope you all had an awesome break. We're excited to get social skill started up again for the new year.

SELF-ESTEEM AND TATTLING

This week in Middles we will talk about the importance of self-esteem by making **NAMEBOWS!** These are rainbows that have our names on them as well as some really cool things about us and things we like about ourselves. We'll also explore the differences between tattling and reporting, and how important those differences are!



SUPERFLEX, THINKABLES AND UNTHINKABLES

We'll have some fun learning about Superflex, the Thinkables and the Unthinkables. We'll play charades as Unthinkables characters to get creative about what to do if an Unthinkable gets us.

GETTING PERSPECTIVE

To finish off our first week of Middle's Social Skills 2021, we will practice understanding the perspective of other people. We'll do this by inferencing what people in different pictures are thinking.

If you have any questions or concerns about the week ahead, please contact us!



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